

Preventive Care Visit

What is a Preventive Care Visit?

- Your Preventive Care Visit (Physical) includes a routine physical exam, immunizations and services such that have been defined by the *Patient Protection and Affordable Care Act*.
- For a growing number of health plans, insurance providers are no longer able to charge a copay, deductible or coinsurance for preventive services.
- However, be aware that ***if you have other health issues***, your insurance may require **Davis Square Family Practice to charge a copay for that visit.**
- Simply put, if you discuss symptoms at your physical or if one of our clinicians orders a diagnostic test, you'll most likely pay a copayment. If you have no symptoms, it's covered.
- Check with your insurance company and the table below about what preventive services are covered by your plan.

Copay or No Copay:

Even if a preventive test or screen is fully paid by insurance, you may still have a copayment or co-insurance for the doctor's office visit. That is, the preventive care is free, but the doctor's visit is not.

- Your Preventive Care Visit (Physical) which includes a routine physical exam and immunizations does not require a copayment.
- If you discuss symptoms of acute or chronic diseases at your Preventative Care Visit (Physical) it is considered "diagnostic" and you will most likely be required to pay a copayment.

Example: Let's say you make a doctor's appointment specifically for a preventive service or test (Preventative Care Visit/Physical), but during the course of the visit you are treated for an unrelated problem, like the flu or changes in your diabetes medications. For this visit, you would be required to pay the copayment for the office visit.

Copayment Complaints:

The decision of a copayment vs non-copayment for a visit is not decided by Davis Square Family Practice; these decisions are based federal laws and insurance regulations. Complaints of this nature should be addressed with your insurance company.



Preventive Services Covered Under the Affordable Care Act

Preventive Services for Adults	Preventive Services for Women, Incl. Pregnant Women	Preventive Services for Children
<p><u>Abdominal Aortic Aneurysm</u> one-time screening for men of specified ages who have ever smoked</p> <p><u>Alcohol Misuse</u> screening and counseling</p> <p><u>Aspirin</u> use for men and women of certain ages</p> <p><u>Blood Pressure</u> screening for all adults</p> <p><u>Cholesterol</u> screening for adults of certain ages or at higher risk</p> <p><u>Colorectal Cancer</u> screening for adults over 50</p> <p><u>Depression</u> screening for adults</p> <p><u>Type 2 Diabetes</u> screening for adults with high blood pressure</p> <p><u>Diet</u> counseling for adults at higher risk for chronic disease</p> <p><u>HIV</u> screening for all adults at higher risk</p> <p><u>Immunization</u> vaccines for adults--doses, recommended ages, and recommended populations vary</p> <p><u>Obesity</u> screening and counseling for all adults</p> <p><u>Sexually Transmitted Infection (STI)</u> prevention counseling for adults at higher risk</p> <p><u>Tobacco Use</u> screening for all adults and cessation interventions for tobacco users</p> <p><u>Syphilis</u> screening for all adults at higher risk</p>	<p><u>Anemia</u> screening on a routine basis for pregnant women</p> <p><u>Bacteriuria</u> urinary tract or other infection screening for pregnant women</p> <p><u>BRCA</u> counseling about genetic testing for women at higher risk</p> <p><u>Mammography</u> screenings every 1 to 2 years for women over 50</p> <p><u>Chemoprevention</u> counseling for women at higher risk</p> <p><u>Breastfeeding</u> comprehensive support and counseling from trained providers, as well as access to breastfeeding supplies, for pregnant and nursing women</p> <p><u>Cervical Cancer</u> screening for sexually active women</p> <p><u>Chlamydia Infection</u> screening for younger women and other women at higher risk</p> <p><u>Contraception:</u> FDA-approved contraceptive methods, sterilization procedures, and patient education and counseling, not including abortifacient drugs</p> <p><u>Domestic and interpersonal violence</u> screening and counseling for all women</p> <p><u>Folic Acid</u> supplements for women who may become pregnant</p> <p><u>Gestational diabetes</u> screening for women 24 to 28 weeks pregnant and those at high risk of developing gestational diabetes</p> <p><u>Gonorrhea</u> screening for all women at higher risk</p> <p><u>Hepatitis B</u> screening for pregnant women at their first prenatal visit</p> <p><u>Human Immunodeficiency Virus (HIV)</u> screening and counseling for sexually active women</p> <p><u>Human Papillomavirus (HPV) DNA Test:</u> high risk HPV DNA testing every three years for women with normal cytology results who are 30 or older</p> <p><u>Osteoporosis</u> screening for women over age 60 depending on risk factors</p> <p><u>Rh Incompatibility</u> screening for all pregnant women and follow-up testing for women at higher risk</p> <p><u>Tobacco Use</u> screening and interventions for all women, and expanded counseling for pregnant tobacco users</p> <p><u>Sexually Transmitted Infections (STI)</u> counseling for sexually active women</p> <p><u>Syphilis</u> screening for all pregnant women or other women at increased risk</p> <p><u>Well-woman visits</u> to obtain recommended preventive services for women under 65</p>	<p><u>Alcohol and Drug Use</u> assessments for adolescents</p> <p><u>Autism</u> screening for children at 18 and 24 months</p> <p><u>Behavioral</u> assessments for children of all ages</p> <p><u>Blood Pressure</u> screening for children</p> <p><u>Cervical Dysplasia</u> screening for sexually active females</p> <p><u>Congenital Hypothyroidism</u> screening for newborns</p> <p><u>Depression</u> screening for adolescents</p> <p><u>Developmental</u> screening for children under age 3, and surveillance throughout childhood</p> <p><u>Dyslipidemia</u> screening for children at higher risk of lipid disorders</p> <p><u>Fluoride Chemoprevention</u> supplements for children without fluoride in their water source</p> <p><u>Gonorrhea</u> preventive medication for the eyes of all newborns</p> <p><u>Hearing</u> screening for all newborns</p> <p><u>Height, Weight and Body Mass Index</u> measurements for children</p> <p><u>Hematocrit or Hemoglobin</u> screening for children</p> <p><u>Hemoglobinopathies</u> or sickle cell screening for newborns</p> <p><u>HIV</u> screening for adolescents at higher risk</p> <p><u>Immunization</u> vaccines for children from birth to age 18 —doses, recommended ages, and recommended populations vary.</p> <p><u>Iron</u> supplements for children ages 6 to 12 months at risk for anemia</p> <p><u>Lead</u> screening for children at risk of exposure</p> <p><u>Medical History</u> for all children throughout development</p> <p><u>Obesity</u> screening and counseling</p> <p><u>Oral Health</u> risk assessment for young children</p> <p><u>Phenylketonuria (PKU)</u> screening for this genetic disorder in newborns</p> <p><u>Sexually Transmitted Infection (STI)</u> prevention counseling and screening for adolescents at higher risk</p> <p><u>Tuberculin</u> testing for children at higher risk of tuberculosis</p> <p><u>Vision</u> screening for all children</p>

